



## Creating Trance and Hypnosis Scripts

By Gemma Bailey

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Creating Trance and Hypnosis Scripts, Gemma Bailey, "Creating Trance and Hypnosis Scripts" contains tried and tested hypnosis scripts for professional or trainee hypnotherapist's who are looking to help clients solve problems and ailments, from the more common 'quit smoking session' to the less familiar 'candida'. The collection of scripts contained in this book have been collated over many years and have been written by Gemma Bailey who is a qualified practicing hypnotherapist. Gemma has designed each script to include several hypnotic patterns (including language, voice tone, double binds etc) to help aid the trance experience. Changes in the hypnotists voice tonality have been marked out by altering the font of the text. Towards the end of the book there is a section called 'writing hypnosis scripts' which gives details about the hypnotic patterns and language used by professional hypnotherapists and NLP Master practitioners. This section provides tasks for the reader, encouraging them to use and identify hypnotic language so that they can create their own hypnotic scripts.



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