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Apple Cider Vinegar Discover the Hidden Health Benefits of Apple Cider Vinegar

By Amy Johnson

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 126 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. Learn to Unlock the Hidden Healing Powers of Apple Cider Vinegar. Apple cider vinegar is one of the most powerful natural remedies known to man. Its healing powers were first unlocked by our ancient ancestors thousands of years ago and it still stands tall as a safe holistic remedy for many of the same ailments and illnesses they used it to treat. The book starts by covering some of the many questions you may have regarding apple cider vinegar. Here are some of the many topics covered in the book: What is apple cider vinegar How is it made What is the mother of vinegar and why is it important to your health Why is apple cider vinegar so good for you Are there any dangers associated with consumption of apple cider vinegar What brand is the best The book goes on to discuss the many ways apple cider vinegar can be used to improve your health. Here are just some of the many health benefits of apple cider vinegar revealed inside this book: Rebalance the pH of your body and skin. Put...



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